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Press Release

Join Trek Ten Trails December 15 hike

Barbara B. Pedersen Wildlife Preserve – Dundee

The Friends of the Parks Foundation and the Green Horizon Land Trust will host a guided 0.7 mile loop trail hike on Saturday, December 15 beginning at 9:00AM at the Barbara B. Pedersen Wildlife Preserve. The Preserve, located at 6609 Scenic Highway, Dundee, is a 40-acre parcel of upland forest that was donated to the Green Horizon Land Trust by the Jim Pedersen family as a wildlife preserve. Located on Scenic Highway with views of Lake Annie, this property on the Lake Wales Ridge was protected from development for more than 69 years by the Pedersen family. The event is free and open to the public.

Trek Ten Trails is a program designed to get people off the couch and outside to enjoy the natural wonders Polk County has to offer. Trek Ten has added 3 new trails and geocaches in its sixth season. Trekkers who hike the 3 new trails plus 7 more selected from the 25 featured trails and submit their validation cards are eligible for prize drawings and a certificate of completion at the Annual Celebration held in November at the Circle B-Bar Reserve in Lakeland. Trekkers can hike the trails at any time or join one of the hosted hike events for the new properties.

Instructions and directions for each trail and locating the geocache can be found on the 2013 Trek Ten Trails icon on the Friends website at <u>http://www.friendsoftheparks.net/index.html</u>. Learn more about the world-wide sport of geocaching by following the link to <u>www.geocaching.com</u>. Here you can create your own free account for logging your treks and geocache finds. Easy-to-follow walking instructions are provided along with GPS coordinates on the Friends' downloadable Factsheets for each trail.

Trekkers will find a self-inking stamp in the Trek Ten caches to stamp their validation cards that are available at any Magnify Credit Union, Polk County Public Library, Circle B Bar Reserve or Outpost 27, and at each of the hosted trek events. After validating the card, participants can submit it according to directions on the website.

Trekkers have FREE Admission to Bok Tower Gardens per cardholder with four self-inking stamps on their validation cards! Just present your card at the entrance gate.

For more information contact Marian Ryan 863-293-6961, marianryan@gmail.com